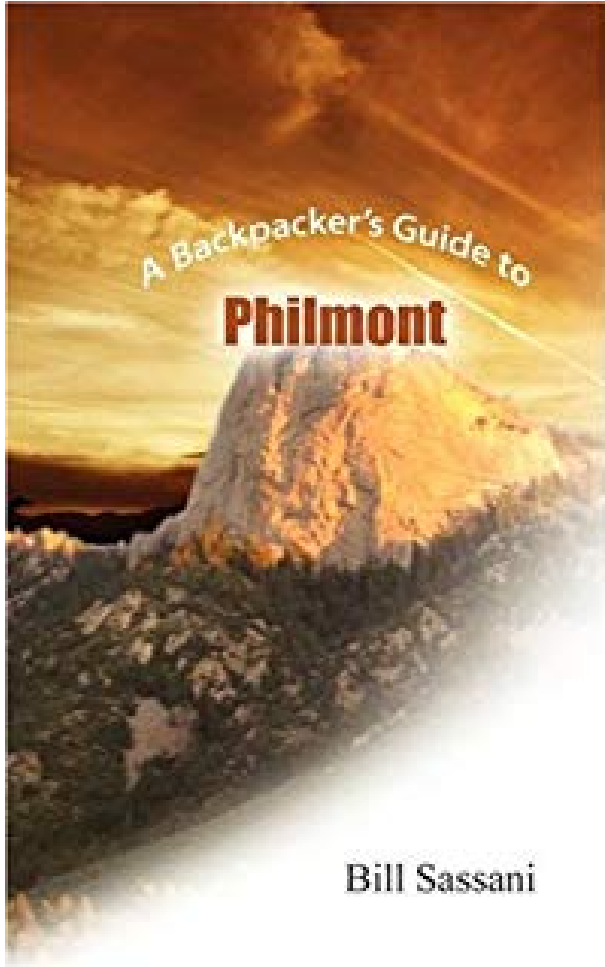


A Backpacker's Guide to Philmont



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"A Backpacker's Guide to Philmont" is a resource meant to help participants, particularly adult Advisors, train and prepare for a Philmont trek. Topics include getting ready to go to Philmont, basic camping skills, bear procedures, cooking and cleanup, water purification, first aid and emergencies, and group dynamics. There is also information about what equipment to take on the trail, Philmont resources on the internet, and a glossary of Philmont terminology.